



Stallion News

Carbon Valley Academy's Online Newsletter

February 2011

Carbon Valley Academy News


Thank you to the staff, students and parents for giving a warm welcome to our new principal, Ms. Stephens-Carter. She has had a great beginning and is looking forward to getting to know all of you better.

Congratulations to all students who were recognized at the honor roll assembly and to middle school students who received their certificates. We are proud of the work of our students.

Valentine's Day is of course coming up in February. That event and our character trait for February, Friendship, gives us a great opportunity to talk to our students and for you to talk to your children about how to make and be a good friend.

Our third graders will be taking the CSAP (Colorado Student Assessment Program) tests for Reading the week of February 21st. Since this is their first experience with the CSAP, please take a few minutes to talk to them about doing their best but not getting too worried about the test.


Carbon Valley is still accepting enrollment applications for pre-school through 8th grade for next year. Please contact Janet Enderle for more information or visit the website for the enrollment forms.

Mark Your Calendar

Carbon Valley Academy's Annual Golf Tournament will be held Friday, June 17, 2011 at Bella Rosa Golf Course.

Additional details will be coming soon so stay tuned!



Carbon Valley Academy is now on Facebook! There's a link to our fan page on the CVA website: www.carbonvalleyacademy.org.



Contents

Carbon Valley Academy News	1	CVA Preschool News	2
Mark Your Calendar	1	Important Dates	2
Find us on Facebook	1	Mad Science Information	3

CVA Preschool News

Greetings Preschool/Prekindergarten Families,

We are honored to be working with Colorado State University to implement the Food Friends program with our students. The program consists of two parts: a physical activity component entitled Get Movin' with Mighty Moves and a nutrition component entitled Fun with New Foods. With the recent increase in childhood obesity, it is becoming more important to instill physical activity and nutrition habits at a young age. These two programs together provide a balanced approach to promoting healthful lifestyle choices in preschoolers.

The Mighty Moves program has become a part of our daily schedule and we have recently started the Food Friends portion of the program. The first food component of the lesson requires us to offer gouda cheese and daikon radishes during our day for students to try. We then document if they play with or explore it, try it or refuse it. We also document if they like it or not. Ask your child if they have tried either of these 2 introductory foods. For parents who want to help their kids try new foods, visit: www.foodfriends.org/images/linkfiles/LearnTogether/HelpKidsTryFoods_9_17.pdf

The following article is from Early Childhood Parents:

Are you making the most of your family mealtime?

Mealtime is full of learning opportunities. Answer yes or no to the questions below to see if you're using it effectively:

- _____ 1. Do you let your child help with food preparation?
- _____ 2. Do you give your child responsibilities, such as setting the table?
- _____ 3. Do you sit with your child at the table and discuss topics that matter to him?
- _____ 4. Do you model table manners, such as putting your napkin in your lap and saying please and thank you?
- _____ 5. Do you mention concepts that your child is learning? The plate is round. The milk is cold?

How well are you doing? Each yes answer means you're using mealtimes to teach your preschooler important lessons. For each no answer, try that idea from the quiz.

Watch your child's daily take home folder for information regarding both the Get Movin' and Fun with Food Friends programs. They provide ways that you can help at home to promote healthy lifestyle habits in your child.

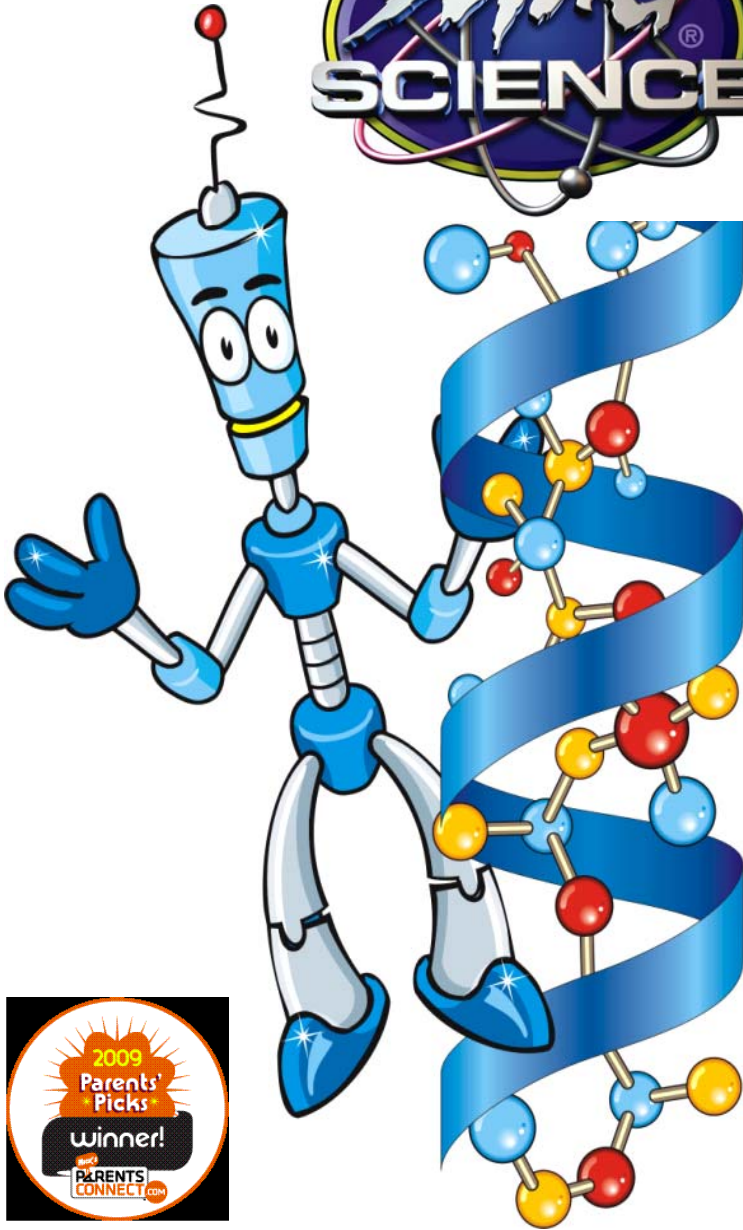
We are currently enrolling students for the 2011/2012 school year. If you have a preschool or prekindergarten aged child and wish to enroll them in our program, you may download enrollment forms from our website or pick up forms from both the preschool and elementary school. Preschool enrollment is on a first come basis. Please call the preschool at 303-833-3868 if you would like to schedule a tour. We look forward to providing a solid, foundation of learning in a student friendly environment to help your child be successful in elementary school and beyond.

Important Dates

February 7th – No School – Professional Development Day

February 17th – Board of Directors Work Session at 6:00 pm and Regular Board Meeting at 7:00 pm

February 21st – No School – President's Day



MOTION, OCEAN, COMMOTION!

Join Mad Science™ as we dive into the study of life under the sea. You may burst with excitement as we manipulate energy and be sure to bring your safari helmet when we explore the animal kingdom. Investigate the radical world of robots and build your very own robotic hand! These classes will get you movin' and groovin'!

Class Code CARB006

- **Class Day:** Tuesday
- **Class Time:** 3:25PM - 4:25PM
- **Grades:** K - 8th
- **Class Dates:** Mar 1 - May 24, 2011
- **Skip Dates:** Mar 29, no class held that day

Cost: **\$135.00 per child**

- **Register by phone**
303-403-0432
OR
- **Online at www.madscience.org/colorado**
OR
- **Mail the payment and registration to:**
Mad Science ASP
7100 W. Grandview Ave., #5, Arvada, CO 80002

School: Carbon Valley Academy

Class Day: Tuesday

Please indicate the CODE of the class you are registering your child for:

Child's Name: Birthday: Grade/Teacher:

Parent's Name: Phone (H): Phone (W):

Address:

Email Street City State Zip

My child will: Attend Day Care at School Walk Home Be Picked Up by: Phone:

Please list any health concerns:

Return Check and Form to: **Mad Science ASP Class, 7100 W. Grandview Ave., #5, Arvada, CO 80002**

Payment **Checks** Make Check payable to "Mad Science of Colorado"

Method: **Visa/MC**

Name on Card

Number

Exp. Date

My child has permission to attend the Mad Science class. Parent's Signature >>

